

**Math 101 – SOLUTIONS TO WORKSHEET 13**  
**TRIGONOMETRIC INTEGRALS**

Formulas to memorize:  $(\sin x)' = \cos x$ ,  $(\cos x)' = -\sin x$ ,  $(\tan x)' = \sec^2 x$ ,

$$\sin(2x) = 2 \sin x \cos x \quad \cos(2x) = 2 \cos^2 x - 1 \quad \cos^2 x = \frac{1 + \cos(2x)}{2} \quad \sin^2 x = \frac{1 - \cos(2x)}{2}$$

- (1) Evaluate the integrals

(a)  $\int \sin^4 x \cos^3 x \, dx$

**Solution:** The power of cosine is odd, while the power of sine is even, so let  $u = \sin x$ ,  $du = \cos x \, dx$ . Then  $\sin^4 x = u^4$ ,  $\cos^2 x = 1 - u^2$  and

$$\begin{aligned} \int \sin^4 x \cos^3 x \, dx &= \int u^4 (1 - u^2) \, du = \int (u^4 - u^6) \, du = \frac{u^5}{5} + \frac{u^7}{7} + C \\ &= \frac{1}{5} \sin^5 x + \frac{1}{7} \sin^7 x + C. \end{aligned}$$

(b)  $\int \sin^5 x \cos^4 x \, dx$

**Solution:** This time let  $u = \cos x$ ,  $du = -\sin x \, dx$ . Then

$$\begin{aligned} \int \sin^5 x \cos^4 x \, dx &= \int (\sin^2 x)^2 \cos^4 x \sin x \, dx \\ &= - \int (1 - u^2)^2 u^4 \, du = \int (1 - 2u^2 + u^4) u^4 \, du \\ &= \int (2u^6 - u^4 - u^8) \, du = \frac{2}{7}u^7 - \frac{1}{5}u^5 - \frac{1}{9}u^9 + C \\ &= \frac{2}{7} \cos^7 x - \frac{1}{5} \cos^5 x - \frac{1}{9} \cos^9 x + C \end{aligned}$$

(c)  $\int \sin^4 x \cos^4 x \, dx$

**Solution:** We have  $\sin x \cos x = \frac{1}{2} \sin(2x)$  so

$$\begin{aligned} \int \sin^4 x \cos^4 x \, dx &= \frac{1}{16} \int \sin^4(2x) \, dx \\ &= \frac{1}{16} \int \left( \frac{1 - \cos(4x)}{2} \right)^2 \, dx \\ &= \frac{1}{16} \int \left( 1 - \frac{1}{2} \cos(4x) + \frac{1}{4} \cos^2(4x) \right) \, dx \\ &= \frac{1}{16} \left( x - \frac{1}{8} \sin(4x) \right) + \frac{1}{64} \int \frac{1 + \cos(8x)}{2} \, dx \\ &= \frac{1}{16} x - \frac{1}{128} \sin(4x) + \frac{1}{128} x + \frac{1}{64 \cdot 8} \sin(8x) + C. \end{aligned}$$

**Solution:** Use  $\sin^2 x = \frac{1-\cos(2x)}{2}$ ,  $\cos^2 x = \frac{1+\cos(2x)}{2}$  to get

$$\begin{aligned}
\int \sin^4 x \cos^4 x \, dx &= \frac{1}{16} \int (1 - \cos(2x))^2 (1 + \cos(2x))^2 \\
&= \frac{1}{16} \int ((1 - \cos(2x))(1 + \cos(2x)))^2 \, dx \\
&= \frac{1}{16} \int (1 - \cos^2(2x))^2 \, dx \\
&= \frac{1}{16} \int (1 - 2\cos^2(2x) + \cos(4x)) \, dx \quad 2\cos^2 \theta - 1 = \cos(2\theta) \\
&= \frac{1}{16} \int (\cos(4x) - \cos(8x)) \, dx \\
&= \frac{1}{64} \sin(4x) - \frac{1}{128} \sin(8x) + C.
\end{aligned}$$

(2) Powers of tangent and secant

(a) Evaluate  $\int_0^{\pi/4} \tan x \, dx$

**Solution:**  $\int_0^{\pi/4} \tan x \, dx = \int_0^{\pi/4} \frac{\sin x}{\cos x} \, dx$ . We note that  $\sin x \, dx$  is roughly  $d(\cos x) = -\sin x \, dx$  so letting  $u = \cos x$  we have

$$\begin{aligned}
\int_0^{\pi/4} \tan x \, dx &= \int_{x=0}^{x=\pi/4} \frac{-du}{u} = -[\log|u|]_{u=1}^{u=\cos(\pi/4)} \\
&= -\left(\log\left(\frac{1}{\sqrt{2}}\right) - \log 1\right) = -\log\frac{1}{\sqrt{2}} = \boxed{\frac{1}{2}\log 2}.
\end{aligned}$$

(b) Evaluate  $\int_{-\pi/4}^{+\pi/4} \tan x \, dx$

**Solution:** Since  $\tan(-x) = \tan(x)$  and the domain is symmetric about  $x = 0$ , the integral vanishes. In detail, let  $u = -x$ . Then  $du = -dx$  and

$$\begin{aligned}
\int_{x=-\pi/4}^{x=+\pi/4} \tan x \, dx &= \int_{u=\pi/4}^{u=-\pi/4} \tan(-u)(-du) \\
&= \int_{u=\pi/4}^{u=-\pi/4} \tan(u) \, du \quad \tan(-u) = -\tan(u) \\
&= -\int_{u=-\pi/4}^{u=\pi/4} \tan(u) \, du \quad -\int_b^a = \int_a^b \\
&= -\int_{x=-\pi/4}^{x=+\pi/4} \tan(x) \, dx \quad \text{substitute } u = x.
\end{aligned}$$