

Gauss Lemma :

• Let $p \in M$, $\{x^i\}$ normal coords. Then:

$$\left[g_{ij}(x) x^{\dot{j}} = \delta_{ij} x^{\dot{j}} \right]$$

Pf: Let $v \in \mathbb{R}^n$ unit vector.

$\gamma(t) = t \begin{bmatrix} v^1 \\ \vdots \\ v^n \end{bmatrix}$ is geodesic in normal coords.

We will show: $\frac{d}{dt} \left[\underbrace{(g_{ij} x^{\dot{j}} - \delta_{ij} x^{\dot{j}})}_{=0 \text{ at } t=0} (\gamma(t)) \right] = 0.$

$\Rightarrow (g_{ij}(x) x^{\dot{j}} - \delta_{ij} x^{\dot{j}})(tv) \equiv 0.$ (can write any pt as $x = tv$)

By chain rule, we must show

$$\partial_p (g_{kj} x^{\dot{j}} - x^k) x^p = 0. \quad \frac{d}{dt} f(\gamma(t)) = \partial_p f \dot{\gamma}^p = \partial_p f v^p = \partial_p f \frac{x^p}{t}$$

1. $\gamma(t) = tv$ geodesic eqn

$$\Gamma_{ij}^k(tv) (tv)^i (tv)^{\dot{j}} = 0 \quad x = tv$$

$$\Gamma_{ij}^k(x) x^i x^{\dot{j}} = 0 \quad (*)$$

2. Geodesics have const speed

$$g_{ij}(\gamma(t)) v^i v^{\dot{j}} = g_{ij}(0) v^i v^{\dot{j}} = \delta_{ij} v^i v^{\dot{j}}. \quad \begin{array}{l} \text{normal coords } g_{ij}(0) \\ = id \end{array}$$

$$g_{ij}(x) x^i x^{\dot{j}} = \delta_{ij} x^i x^{\dot{j}} \quad (**)$$

Expand (*):

$$g_{pk} g^{kl} \underbrace{(-\partial_l g_{ij} + \partial_i g_{lj} + \partial_j g_{il})}_{2 \partial_i g_{lj} x^i x^{\dot{j}}} x^i x^{\dot{j}} = 0.$$

$$\Rightarrow \partial_p g_{ij} x^i x^j = 2 \partial_i g_{pj} x^i x^j$$

$$\Rightarrow \partial_p (g_{ij} x^i x^j) - 2 g_{pj} x^j = 2 \partial_i (g_{pj} x^j) x^i - 2 g_{pj} x^j$$

$$\Rightarrow \partial_p (g_{ij} x^i x^j) = 2 \partial_i (g_{pj} x^j) x^i$$

$\delta_{ij} x^i x^j$ by (**)

$$\Rightarrow \partial_p (\sum (x^i)^2) = 2 \partial_i (g_{pj} x^j) x^i$$

$$\partial_p x^i x^i = \partial_i (g_{pj} x^j) x^i$$

↳ can switch

$$\Rightarrow \partial_i (g_{pj} x^j - x^p) x^i = 0 \quad \text{as required. } \square$$

Cor: Introduce notation:

$$\bullet r := (\sum (x^i)^2)^{1/2} \quad \bullet \frac{\partial}{\partial r} := \frac{x^i}{r} \frac{\partial}{\partial x^i}$$

The gradient of r :

$$\bullet \nabla r = (g^{ik} \partial_k r) \frac{\partial}{\partial x^i}, \quad \text{and note: } \partial_i r = \frac{x^i}{r}.$$

Gauss lemma implies:

$$\bullet g^{ik} \partial_k r = x^i / r \quad \Rightarrow \nabla r = \frac{\partial}{\partial r}$$

$$\bullet |\nabla r|_g = 1.$$

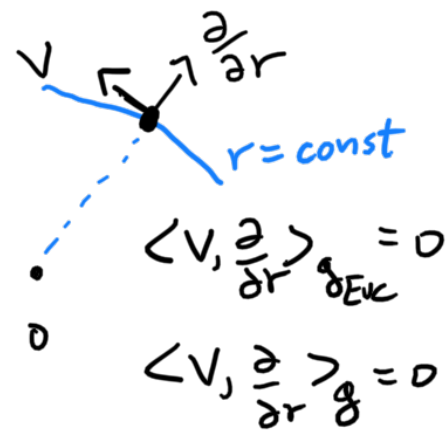
Pf:

$$g^{ik} \partial_k r = g^{ik} \frac{x^k}{r} \stackrel{\text{Gauss lemma}}{=} g^{ik} g_{kl} \frac{x^l}{r} = \frac{x^i}{r}.$$

$$|\nabla r|^2 = g^{ik} \partial_i r \partial_k r = \sum \frac{x^i}{r} \frac{x^i}{r} = 1. \quad \square$$

Cor: $g = dr^2 + g^T$ metric on tangent space of spheres $\{r = \text{const}\}$

if $\langle V, \frac{\partial}{\partial r} \rangle_{g_{Euc}} = 0$, then $\langle V, \frac{\partial}{\partial r} \rangle_g = 0$.



Pf: Suppose $\sum_{ij} V^i X^j = 0$.

Then:

$$\langle V, \frac{\partial}{\partial r} \rangle_g = g_{ij} V^i X^j = \sum_{ij} V^i X^j = 0. \quad \square$$

Def: The length of a curve $\gamma: [a, b] \rightarrow M$ is

$$L(\gamma) = \int_a^b |\dot{\gamma}|_g dt, \quad |\dot{\gamma}| = (g_{ij} \dot{\gamma}^i \dot{\gamma}^j)^{1/2}$$

Def: $d(p, q) = \inf_{\gamma} L(\gamma)$.

γ path from p to q

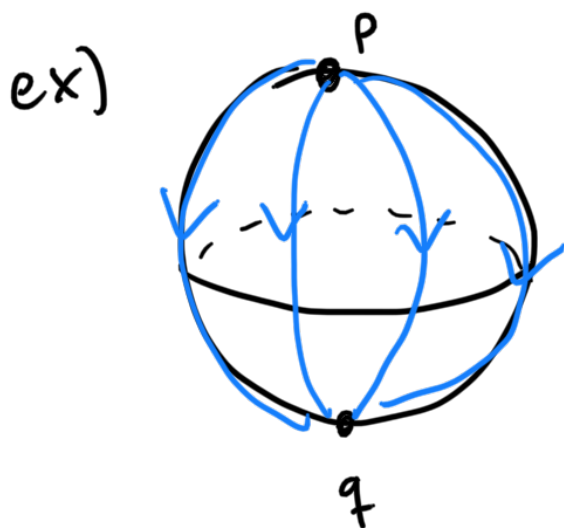
← path is image of cont piecewise smooth map from interval to M

Thm: Let $p \in M$. Let $U = \exp_p(B_x(0))$ normal nbhd.

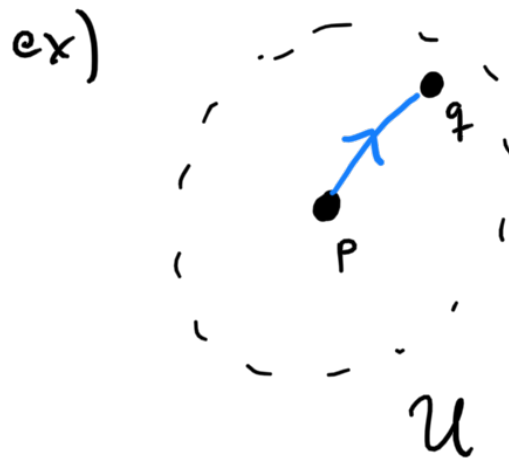
$\forall q \in U$, there is a geodesic from p to q

which is the unique length

minimizing curve from p to q .



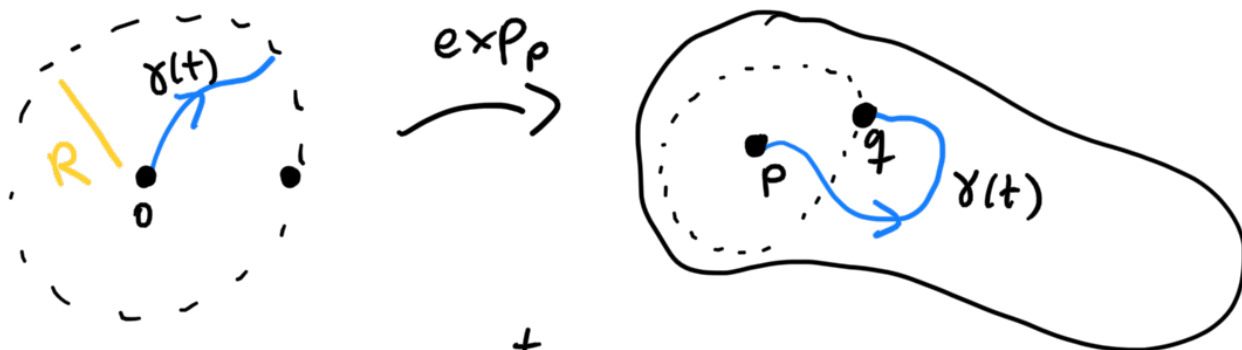
A lot of minimizing curves



Pf of Thm: Take U s.t. $\exp_p: B_x(0) \rightarrow U$ is diffeo. Let $q \in U$.

Let $\gamma(t)$ be arbitrary curve from p to q .
 $\gamma(0) = p, \gamma(t_0) = q$.

Let $R = r(q)$. Let t_0 be first time when $r(\gamma(t)) = R$.



$$\begin{aligned}
 L(\gamma|_{[0, t_0]}) &= \int_0^{t_0} |\dot{\gamma}|_g dt \\
 &= \int_0^{t_0} |\nabla r|_g |\dot{\gamma}|_g dt && |\nabla r| = 1 \\
 &\geq \int_0^{t_0} \langle \nabla r, \dot{\gamma} \rangle_g dt && \text{Cauchy-Schwarz} \\
 &= \int_0^{t_0} (g_{ik} g^{il} \partial_l r \dot{\gamma}^k) dt \\
 &= \int_0^{t_0} \partial_k r \dot{\gamma}^k dt \\
 &= \int_0^{t_0} \frac{d}{dt} r(\gamma(t)) dt && \text{Chain rule} \\
 &= r(\gamma(t_0)) - r(\gamma(0)) && \text{FTC} \\
 &= R.
 \end{aligned}$$

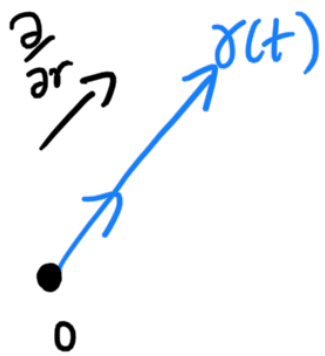
Equality in Cauchy Schwarz:

$$\|u\| \|v\| = |\langle u, v \rangle| + \frac{1}{\|v\|^2} \left| \|v\|^2 u - \langle u, v \rangle v \right|^2.$$

Equality \Leftrightarrow extra square term vanishes

$\Leftrightarrow \dot{\gamma}$ parallel to ∇r .

Normalize $\gamma(t)$ s.t. $\dot{\gamma} = \nabla r|_{\gamma(t)} = \frac{\partial}{\partial r}|_{\gamma(t)}$.



γ is straight line
in normal coords,
hence $\gamma(t)$ is a geodesic.

□

Def: $B_r(p) = \{q \in M : d(p, q) < r\}$ geodesic ball

Cor: $B_r(p) = \exp_p(B_r^{\text{EUC}}(0))$ for small r .

Prop: $\forall p \in M, \exists \delta > 0$ and nbhd W of p
which is a uniformly δ -normal nbhd:

• $\forall q_1, q_2 \in W$, then $q_2 \in \exp_{q_1}(B_\delta(0))$.

$\Rightarrow q_2 = \exp_{q_1}(v), v \in T_{q_1}M$ s.t. $|v|_g < \delta$.

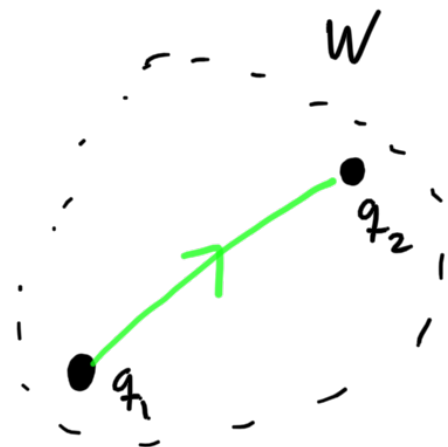
• $\forall q \in W$ and $v \in T_q M$ with $|v|_g = 1$, the
geodesic with $\gamma(0) = q$ exists on $[0, \delta)$.
 $\dot{\gamma}(0) = v$

Cor: Let $p, q \in M$.

Let γ be length
minimizing curve from p to q .

Then γ is a geodesic.

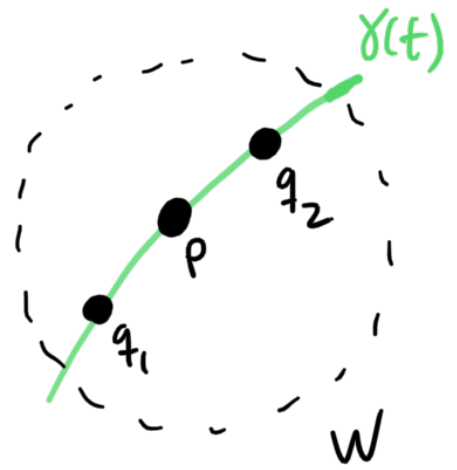
(\Rightarrow length minimizers are smooth)



Pf: Let $p = \gamma(t_0)$, W unit δ -normal nbhd of p .

$$q_1 = \gamma(t_1), q_2 = \gamma(t_2) \in W.$$

They are connected by length minimizing γ .



$$\Rightarrow \gamma|_{[t_1, t_2]} = \exp_{q_1}(tv)$$

↑ some $v \in T_{q_1}M$

uniqueness in W

$\Rightarrow \gamma$ solves geo eqn in nbhd of t_0 .

t_0 arbitrary $\Rightarrow \gamma$ solves geo eqn. \square

Pf of δ -normal nbhd:

Let $p \in M$, U coord chart centered at p

$$E: \begin{matrix} U \times V \\ \subseteq M \quad \subseteq \mathbb{R}^n \end{matrix} \rightarrow M \times M$$

$$E(x, v) = (x, \exp_x(v)).$$

invertible

$$DE|_{(p, 0)} = \begin{pmatrix} \frac{\partial x^i}{\partial x^j} & 0 \\ \frac{\partial \exp_x^i}{\partial x^j} & \frac{\partial \exp_x^i}{\partial v^j} \end{pmatrix} = \begin{pmatrix} I & 0 \\ * & I \end{pmatrix}.$$

linearized \exp_p @ vector 0

$$\text{IFT} \Rightarrow \exists \begin{matrix} W_0 \subseteq M \\ \times \\ B_\epsilon^{EUC}(0) \subseteq \mathbb{R}^n \end{matrix} \xrightarrow{E \text{ diffeo}} V \subseteq M \times M$$

Let $q \in W_0$, then: $\exp_q(B_\epsilon^{EUC}(0))$ well-defined normal nbhd.
(\exp_q defined on B_ϵ , + injective $E(q, v) = E(q, w) \Rightarrow v = w$)

Rewrite using g_{ij} : $v \in B_\varepsilon^{\text{Euc}}(0) \leftrightarrow v \in T_q M$

$$C^{-1} |v|_{g^{\text{Euc}}} \leq |v|_g \leq C |v|_{g^{\text{Euc}}}$$

since $\bar{W} \subseteq (M, g)$
is compact, \exists unif
bounds on $g_{ij}(x)$.

$$\delta = \frac{\varepsilon}{C}, \quad |v|_g < \delta \Rightarrow v \in B_\varepsilon^{\text{Euc}}(0).$$

$\Rightarrow \forall q \in W_0$, then $\exp_q(B_\delta^g(0))$ well-defn normal nbhd.

$\therefore |v|_g < \delta \Rightarrow \exp_q(\underbrace{tv}_{< \delta})$ exist $0 \leq t \leq 1$.



$\Rightarrow W \subseteq \exp_q(B_\delta^g(0))$, for any $q \in W$.

$\Rightarrow \forall q \in W, u \in T_q M$ with $|u|_g = 1$, then

$\exp_q(\underbrace{tu}_{< \delta})$ exists $0 \leq t < \delta$.

□