# An Ohta-Kawasaki Model set on the space 

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#### Abstract

We examine a non-local diffuse interface energy with Coulomb repulsion in three dimensions inspired by the Thomas-Fermi-Dirac-von Weizsäcker, and the Ohta-Kawasaki models. We consider the corresponding mass-constrained variational problem and show the existence of minimizers for small masses, and the absence of minimizers for large masses.


## 1 Introduction

We frequently encounter variational problems featuring competing terms in studies related to energy-driven pattern formation. The Thomas-Fermi-Dirac-von Weizsäcker (henceforth TFDW) and the Ohta-Kawasaki models stand as representative functionals that have received increasing attention $[1,2,5,7,8,13,15,16,23,27,31]$.

The TFDW theory $[19,20]$ is a density functional theory that is used to approximate the many-body Schrödinger theory. Mathematically, the TFDW theory is defined (up to rescaling) by the energy functional

$$
\int_{\mathbb{R}^{3}}\left(|\nabla u|^{2}+c_{1}|u|^{\frac{10}{3}}-c_{2}|u|^{\frac{8}{3}}-\mathscr{Z} \frac{u^{2}}{|x|}\right) \mathrm{d} x+\frac{1}{2} \int_{\mathbb{R}^{3}} \int_{\mathbb{R}^{3}} \frac{u^{2}(x) u^{2}(y)}{|x-y|} \mathrm{d} x \mathrm{~d} y,
$$

with $c_{1}, c_{2}>0$, and $\mathscr{Z} \geq 0$, on the class of functions $u \in H^{1}\left(\mathbb{R}^{3}\right)$ with a prescribed $\mathscr{L}^{2}$-norm. Each such $u$ represents an electron density function with mass given by its $\mathscr{L}^{2}$-norm. The energy is to be thought of as the energy of a system of a fixed number of electrons interacting with a nucleus of charge $\mathscr{Z}$ fixed at the origin. Finding the infimum of the energy makes sense because Chemical and Physical systems are usually found in their most stable state, and that corresponds to the lowest energy possible. The infimum corresponds to the ground state energy, an optimal $u$ corresponds to a state or electronic
configuration of optimal energy, and such $u$ sheds light on properties of an atom.
The first density functional theory was the Thomas-Fermi (henceforth TF) theory [12, 33], a theory that captures the leading-order behavior of the ground state energy of atoms in the large $\mathscr{Z}$ limit. But negative ions were absent in this theory [21]. Then, a leading-order correction was incorporated by adding the von Weizsäcker gradient term [34] to the energy functional. In the Thomas-Fermi-von Weizsäcker (henceforth TFW) theory, negative ions do exist while arbitrarily negative ions do not [3]. Finally, a second-order correction to the TF theory was obtained by adding Dirac's term [10] to the energy functional, the term with power $8 / 3$.

Regarding existence of minimizers of the TFDW model, there exist $\epsilon_{1}, \epsilon_{2}>0$ such that there exists a minimizer for masses less than $\mathscr{Z}+\epsilon_{1}[18,22]$, and there are no minimizers for masses larger than $\mathscr{Z}+\epsilon_{2}$.

On the other hand, the Ohta-Kawasaki model was originally introduced in [30] in the context of microphase separation in diblock copolymer melts. A diblock copolymer molecule is a linear chain consisting of two subchains made of two different monomers joined covalently to each other. Microphase separation occurs as monomers of the same type attract while monomers of opposite type repel.

The Ohta-Kawasaki model is defined (up to rescaling) by the energy functional

$$
\int_{\Omega}\left[\frac{\epsilon}{2}|\nabla u|^{2}+\frac{1}{4 \epsilon}\left(1-u^{2}\right)^{2}\right] \mathrm{d} x+\frac{1}{2} \int_{\Omega} \int_{\Omega} G(x, y)[u(x)-m][u(y)-m] \mathrm{d} x \mathrm{~d} y
$$

where $\Omega \subset \mathbb{R}^{3}$ is a fixed open set, the domain occupied by the material, $\epsilon>0$ is a parameter that is proportional to the thickness of the transition regions between the two monomers, $G$ is the Neumann Green's function of the Laplacian, $u \in H^{1}(\Omega)$ is the scalar order parameter, and $m:=f_{\Omega} u \mathrm{~d} x \in(-1,1)$, the background charge density, is prescribed. The function $u$ is the difference between the averaged densities of the two monomers, so $u$ takes values between -1 and 1 and $u= \pm 1$ when there is a concentration of a single monomer.

It is worth noting that the Ohta-Kawasaki model extends its relevance to a broad spectrum of other physical systems $[4,9,11,14,17,24,25,26,28,29]$; it corresponds to a diffuse interface version of the Liquid Drop model [6] in the sense of $\Gamma$-convergence, and to a Cahn-Hilliard model [32] with a non-local term.

Regarding existence of minimizers, it is possible to use the direct method of the Calculus of Variations to show that a minimizer will always exist for all choices of the parameters, and $\Omega$ smooth and bounded.

In this work, we study the existence of minimizers of a non-local diffuse interface energy posed on the space, inspired by the TFDW and the Ohta-Kawasaki models. More precisely, we consider the problem

$$
\mathscr{I}_{\mathscr{L}}(M):=\inf \left\{\mathscr{E}_{\mathscr{Z}}(u) ; u \in \hat{\mathscr{H}}^{\partial M}\right\},
$$

where the energy functional $\mathscr{E}_{\mathscr{Z}}$ is defined as

$$
\mathscr{E}_{\mathscr{Z}}(u):=\int_{\mathbb{R}^{3}}\left[\frac{|\nabla u|^{2}}{2}+\frac{1}{2} u^{2}(1-u)^{2}-V u\right] \mathrm{d} x+\frac{1}{2} \int_{\mathbb{R}^{3}} \int_{\mathbb{R}^{3}} \frac{u(x) u(y)}{|x-y|} \mathrm{d} x \mathrm{~d} y .
$$

with $V: \mathbb{R}^{3} \rightarrow \mathbb{R}^{+}$given by

$$
V(x):=\frac{\mathscr{Z}}{|x|},
$$

and

$$
\hat{\mathscr{H}}^{\partial M}:=\left\{u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right): u \geq 0 \text { a.e. in } \mathbb{R}^{3} \text { with }\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M\right\}
$$

where $\hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)=\overline{\mathscr{C}_{0}^{\infty}\left(\mathbb{R}^{3}\right)}$ with respect to the norm $\|\cdot\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}+\|\nabla \cdot\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}$.
Our main result is the following one:
Theorem 1.1. There exist constants $0<\mathscr{Z} \leq M_{1} \leq M_{2}<\infty$ such that:
(i) If $M \leq M_{1}$, then there is a minimizer.
(ii) If $M \geq M_{2}$, then there are no minimizers.

Remark 1.2. While we expect $M_{1}=M_{2}=\mathscr{Z}$, it remains open to prove or disprove this.
The paper is organized as follows. In Section 2 we describe some basic properties of the energy functional and its minimizers. In Section 3 we prove part (a) of Theorem 1.1. Finally, in Section 4 we prove part (b) of Theorem 1.1. Our overall strategy is to adapt some approaches and techniques developed in [3] for establishing the existence of minimizers of the TFW energy for sufficiently small masses, and in [13] for the nonexistence of minimizers of the TFDW energy for large masses. There are important changes we outline as proofs unfold.

In what follows, we use the notation

$$
\mathscr{D}(f, g):=\frac{1}{2} \int_{\mathbb{R}^{3}} \int_{\mathbb{R}^{3}} \frac{f(x) g(y)}{|x-y|} \mathrm{d} x \mathrm{~d} y .
$$

We will refer to $\mathscr{D}(u, u)=: \mathscr{D}(u)$ as the Coulomb repulsion term, $\frac{1}{2} \int_{\mathbb{R}^{3}} u^{2}(1-u)^{2} \mathrm{~d} x$ as the double well term, and $-\int_{\mathbb{R}^{3}} V u \mathrm{~d} x$ as the attraction term. Denote by $B_{R}$ the ball centered $\overline{\text { around the origin }}$ with radius $R$. Finally, $\overline{C \text { will denote some (positive) universal constant }}$ that might change from line to line.

## 2 General Estimates

The goal of this section is to establish some properties of the energy functional and its minimizers.

Our first result tells us that the condition $u \geq 0$ plays no role as long as $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}$ is not too large.

Lemma 2.1. Let $u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$. If $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)} \leq \mathscr{Z}$, then $\mathscr{E}_{\mathscr{Z}}(|u|) \leq \mathscr{E}_{\mathscr{L}}(u)$.
Proof. We have

$$
\begin{aligned}
2 \mathscr{D}\left(u_{-}, u_{+}\right)-\int_{\mathbb{R}^{3}} V u_{-} \mathrm{d} x & =2 \mathscr{D}\left(u_{-}, u_{+}\right)-\mathscr{Z} \int_{\mathbb{R}^{3}} \frac{u_{-}(x)}{|x|} \mathrm{d} x \\
& \leq 2 \mathscr{D}\left(\overline{u_{-}}, \overline{u_{+}}\right)-\mathscr{Z} \int_{\mathbb{R}^{3}} \frac{\overline{u_{-}}(x)}{|x|} \mathrm{d} x \\
& =\int_{\mathbb{R}^{3}}\left(\overline{u^{+}} *|\cdot|^{-1}-\frac{\mathscr{Z}}{|x|}\right) \overline{u^{-}}(x) \mathrm{d} x,
\end{aligned}
$$

where the line over functions corresponds to their spherical average. Moreover, by equation (35) in [21], we have

$$
\overline{u^{+}} *|\cdot|^{-1}(x) \leq \frac{\| \overline{u^{+}}| |_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}}{|x|}, \quad|x|>0 .
$$

Consequently,

$$
2 \mathscr{D}\left(u_{-}, u_{+}\right)-\int_{\mathbb{R}^{3}} V u_{-} \mathrm{d} x \leq \int_{\mathbb{R}^{3}}\left(\left\|\overline{u^{+}}\right\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}-\mathscr{Z}\right) \frac{\overline{u^{-}}(x)}{|x|} \mathrm{d} x \leq 0 .
$$

As a result,

$$
\begin{aligned}
\mathscr{D}(u)-\int_{\mathbb{R}^{3}} V u & =\mathscr{D}\left(u_{+}, u_{+}\right)-2 \mathscr{D}\left(u_{-}, u_{+}\right)+\mathscr{D}\left(u_{-}, u_{-}\right)-\int_{\mathbb{R}^{3}} V u_{+} \mathrm{d} x+\int_{\mathbb{R}^{3}} V u_{-} \mathrm{d} x \\
& \geq \mathscr{D}\left(u_{+}, u_{+}\right)+2 \mathscr{D}\left(u_{-}, u_{+}\right)+\mathscr{D}\left(u_{-}, u_{-}\right)-\int_{\mathbb{R}^{3}} V u_{+} \mathrm{d} x-\int_{\mathbb{R}^{3}} V u_{-} \mathrm{d} x \\
& =\mathscr{D}(|u|,|u|)-\int_{\mathbb{R}^{3}} V|u| \mathrm{d} x .
\end{aligned}
$$

On the other hand, all other terms in $\mathscr{E}_{\mathscr{E}}(u)$ do not increase if we replace $u$ by $|u|$. Consequently, the result follows.

Corollary 2.2. If $M \leq \mathscr{Z}$, then

$$
\mathscr{I}_{\mathscr{Z}}(M)=\inf \left\{\mathscr{E}_{\mathscr{Z}}(u) ; u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right),\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M\right\}
$$

Proof. This is an immediate consequence of the previous Lemma.
The next result concerns continuity and coercivity of the energy functional.
Lemma 2.3. The energy functional $\mathscr{E}_{\mathscr{Z}}$ is continuous over $\hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$, and the following hold for all $u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$ :

$$
\begin{gathered}
\mathscr{E}_{\mathscr{Z}}(u)+C \mathscr{Z}^{2} \geq \int_{\mathbb{R}^{3}}\left[\frac{1}{4}|\nabla u|^{2}+\frac{1}{2} u^{2}(1-u)^{2}\right] \mathrm{d} x+\frac{1}{2} \mathscr{D}(u), \\
\mathscr{E}_{\mathscr{L}}(u)+C\left[\mathscr{Z}^{2}+\left(\int_{\mathbb{R}^{3}}|\nabla u|^{2} \mathrm{~d} x\right)^{3}\right] \geq \int_{\mathbb{R}^{3}}\left[\frac{1}{4}|\nabla u|^{2}+\frac{1}{4}\left(u^{2}+u^{4}\right)\right] \mathrm{d} x+\frac{1}{2} \mathscr{D}(u) .
\end{gathered}
$$

Proof. The continuity of $\mathscr{E}_{\mathscr{Z}}$ is standard.
The proof of (2.3) is similar to that of Lemma 2 in [3] for the TFW energy functional. Indeed, by $-\Delta\left(u \star|\cdot|^{-1}\right)=4 \pi u$ and Sobolev's inequality, we have

$$
\begin{aligned}
\left\|u \star|\cdot|^{-1}\right\|_{\mathscr{L}^{6}\left(\mathbb{R}^{3}\right)}^{2} & \leq C\left\|\nabla\left(u \star|\cdot|^{-1}\right)\right\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}^{2} \\
& =C \mathscr{D}(u) .
\end{aligned}
$$

Now, pick any smooth function $\eta: \mathbb{R}^{3} \rightarrow[0,1]$ for which $\mathbb{1}_{B_{1}(0)} \eta \equiv 1$ and $\mathbb{1}_{\mathbb{R}^{3} \backslash B_{2}(0)} \eta \equiv 0$, and define the pair of functions $V_{1}, V_{2}: \mathbb{R}^{3} \rightarrow \mathbb{R}$ by

$$
V_{1}(x):=V \eta \text { and } V_{2}(x):=V(1-\eta) .
$$

Then, by $-\Delta\left(u \star|\cdot|^{-1}\right)=4 \pi u$, Hölder's inequality, Sobolev's inequality, and Young's inequality, we have

$$
\begin{aligned}
\int_{\mathbb{R}^{3}} V u & =\int_{\mathbb{R}^{3}} V_{1} u \mathrm{~d} x+\int_{\mathbb{R}^{3}} V_{2} u \mathrm{~d} x \\
& =\int_{\mathbb{R}^{3}} V_{1} u \mathrm{~d} x+\frac{1}{4 \pi} \int_{\mathbb{R}^{3}}\left(-\Delta V_{2}\right) u \star|\cdot|^{-1} \mathrm{~d} x \\
& \leq C \mathscr{Z}\left(\|u\|_{\mathscr{L} 6}\left(\mathbb{R}^{3}\right)+\left\|u \star|\cdot|^{-1}\right\|_{\mathscr{L}\left(\mathbb{R}^{3}\right)}\right) \\
& \leq C \mathscr{Z}\left[\|\nabla u\|_{\mathscr{D}^{2}\left(\mathbb{R}^{3}\right)}+\sqrt{\mathscr{D}(u)]}\right. \\
& \leq C \mathscr{Z}^{2}+\frac{1}{4} \int_{\mathbb{R}^{3}}|\nabla u|^{2}+\frac{1}{2} \mathscr{D}(u) .
\end{aligned}
$$

Equation (2.3) then follows.
Next, to establish (2.3) we use (2.3) along with the following, which is established using basic properties of the distribution function and Sobolev's inequality:

$$
\int_{\mathbb{R}^{3}} u_{+}^{3} \mathrm{~d} x \leq \frac{1}{4} \int_{\mathbb{R}^{3} \cap\left\{u_{+} \leq 1 / 4\right\}} u_{+}^{2} \mathrm{~d} x+\int_{\mathbb{R}^{3} \cap\left\{1 / 4 \leq u_{+} \leq 4\right\}} u_{+}^{3} \mathrm{~d} x+\frac{1}{4} \int_{\mathbb{R}^{3} \cap\{1 / 4 \leq u\}} u_{+}^{4} \mathrm{~d} x
$$

$$
\begin{aligned}
& \leq \frac{1}{4} \int_{\mathbb{R}^{3}} u_{+}^{2} \mathrm{~d} x+C\left|\left\{1 / 4 \leq u_{+} \leq 4\right\}\right|+\frac{1}{4} \int_{\mathbb{R}^{3}} u_{+}^{4} \mathrm{~d} x \\
& \leq \frac{1}{4} \int_{\mathbb{R}^{3}} u_{+}^{2} \mathrm{~d} x+C \int_{\mathbb{R}^{3}} u_{+}^{6} \mathrm{~d} x+\frac{1}{4} \int_{\mathbb{R}^{3}} u_{+}^{4} \mathrm{~d} x \\
& \leq \frac{1}{4} \int_{\mathbb{R}^{3}} u_{+}^{2} \mathrm{~d} x+C\left(\int_{\mathbb{R}^{3}}\left|\nabla u_{+}\right|^{2} \mathrm{~d} x\right)^{3}+\frac{1}{4} \int_{\mathbb{R}^{3}} u_{+}^{4} \mathrm{~d} x \\
& \leq \frac{1}{4} \int_{\mathbb{R}^{3}} u^{2} \mathrm{~d} x+C\left(\int_{\mathbb{R}^{3}}|\nabla u|^{2} \mathrm{~d} x\right)^{3}+\frac{1}{4} \int_{\mathbb{R}^{3}} u^{4} \mathrm{~d} x
\end{aligned}
$$

Using the previous Lemma, we obtain boundedness of minimizing sequences in $\hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$.
Corollary 2.4. Let $\left\{u_{n}\right\}_{n \in \mathbb{N}}$ be a minimizing sequence for $\mathscr{I}_{\mathscr{Z}}(M)$. Then, $\left\{u_{n}\right\}_{n \in \mathbb{N}}$ is bounded in $\hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$.

Proof. This is an immediate consequence of the Lemma above.
In the case the is no background potential, we can say that the corresponding infimum is the zero function.

Lemma 2.5. $\mathscr{I}_{\mathscr{Z}=0} \equiv 0$.
Proof. This follows immediately from $\mathscr{E}_{\mathscr{Z}=0}(u) \geq 0$ and

$$
\mathscr{E}_{\mathscr{Z}}=0\left(\sigma^{3} u(\sigma \cdot)\right) \xrightarrow[\sigma \rightarrow 0^{+}]{ } 0, \quad u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)
$$

Now, we outline some properties of $\mathscr{I}_{\mathscr{Z}}(m)$.
Lemma 2.6. The following hold:
(a) $m \in[0, \infty) \mapsto \mathscr{I}_{\mathscr{Z}}(m)$ is continuous, nonincreasing, negative (except $\left.\mathscr{I}_{\mathscr{Z}}(0)=0\right)$, and bounded below.
(b) For each $M>0$, there exists $0<m \leq M$ such that $\mathscr{I}_{\mathscr{Z}}(M)=\mathscr{I}_{\mathscr{Z}}(m)$ and $\mathscr{I}_{\mathscr{Z}}(m)$ is attained.

Proof. The continuity of $m \in[0, \infty) \mapsto \mathscr{I}_{\mathscr{Z}}(m)$ follows from a standard argument based on the variational principle and appropriate trial states.
Now, let us take $0<m^{\prime}<m$ and show that $\mathscr{I}_{\mathscr{Z}}(m) \leq \mathscr{I}_{\mathscr{Z}}\left(m^{\prime}\right)$. Pick two smooth functions $u_{1}$ and $u_{2}$ with compact supports for which $\left\|u_{1}\right\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=m^{\prime}$ and $\left\|u_{2}\right\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=m-m^{\prime}$. Then, for any vector $x_{0} \in \mathbb{R}^{3}$ we have

$$
\left.\mathscr{I}_{\mathscr{Z}}(m) \leq \lim _{n \rightarrow \infty} \mathscr{E}_{\mathscr{Z}}\left(u_{1}(\cdot)+u_{2}\left(\cdot+n x_{0}\right)\right)\right)=\mathscr{E}_{\mathscr{Z}}\left(u_{1}\right)+\mathscr{E}_{\mathscr{Z}}=0\left(u_{2}\right)
$$

Then, we optimize the right-hand side of the equation above over all $u_{1}$ and $u_{2}$ and use Lemma 2.5 to conclude that $\mathscr{I}_{\mathscr{Z}}(m) \leq \mathscr{I}_{\mathscr{Z}}\left(m^{\prime}\right)+\mathscr{I}_{\mathscr{Z}}=0\left(m-m^{\prime}\right)=\mathscr{I}_{\mathscr{Z}}\left(m^{\prime}\right)$.
Negativity of $\mathscr{I}_{\mathscr{L}}(m)$ for $m>0$ follows from the nonincreasingness of $m \in[0, \infty) \mapsto \mathscr{I}_{\mathscr{Z}}(m)$ and

$$
\mathscr{E}_{\mathscr{Z}}(\sigma u)=-\sigma \int_{\mathbb{R}^{3}} V u \mathrm{~d} x+\sigma^{2}\left[\int_{\mathbb{R}^{3}}\left[\frac{|\nabla u|^{2}}{2}+\frac{1}{2}\left(u^{2}-2 \sigma u^{3}+\sigma^{2} u^{4}\right)\right] \mathrm{d} x+\mathscr{D}(u)\right]<0,
$$

for $0<\sigma \ll 1$. In turn, boundedness from below of $\mathscr{I}_{\mathscr{Z}}(m)$ is a direct consequence of equation (2.3).
Next, let $\left\{u_{n}\right\}_{n \in \mathbb{N}}$ be a minimizing sequence for $\mathscr{I}_{\mathscr{L}}(M)$. By Lemma 2.4, this sequence is bounded in $\mathscr{H}^{1}\left(\mathbb{R}^{3}\right)$, hence, up to a subsequence, $u_{n} \rightharpoonup u_{m}$ in $\mathscr{H}^{1}\left(\mathbb{R}^{3}\right)$ and $u_{n} \rightarrow u_{m}$ almost everywhere in $\mathbb{R}^{3}$, for some $u_{m} \in \mathscr{H}^{1}\left(\mathbb{R}^{3}\right)$. Then, $m:=\left\|u_{m}\right\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)} \leq M$, and since the energy functional is weakly lower semicontinuous in $\mathscr{H}^{1}\left(\mathbb{R}^{3}\right)$ and $\mathscr{I}_{\mathscr{F}}$ is nonincreasing,

$$
\mathscr{I}_{\mathscr{Z}}(m) \leq \mathscr{E}_{\mathscr{Z}}\left(u_{m}\right) \leq \liminf _{n \rightarrow \infty} \mathscr{E}_{\mathscr{Z}}\left(u_{n}\right)=\mathscr{I}_{\mathscr{Z}}(M) \leq \mathscr{I}_{\mathscr{Z}}(m) .
$$

As a result, $\mathscr{I}_{\mathscr{Z}}(M)=\mathscr{I}_{\mathscr{Z}}(m)$, where $\mathscr{I}_{\mathscr{Z}}(m)$ is attained at $u_{m}$. The reason why $m>0$ is that $\mathscr{I}_{\mathscr{E}}(M)<0$.

The following Proposition is the last ingredient we need to prove part (a) of Theorem 1.1.

Proposition 2.7. (Analogue of [3, Lemma 12]) If $u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$ satisfies

$$
-\Delta u+u-3 u^{2}+2 u^{3}-V+|u| \star|\cdot|^{-1} \geq 0
$$

then $M:=\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)} \geq \mathscr{Z}$.
Proof. Let us pick any smooth radial nontrivial function $\xi: \mathbb{R}^{3} \rightarrow[0,1]$ satisfying

$$
\operatorname{supp} \xi \subset B_{2}(0) \backslash B_{1}(0)
$$

and define the sequence of functions $\left\{\xi_{n}\right\}_{n \in \mathbb{N}}:=\left\{\xi\left(n^{-1} x\right)\right\}_{n \in \mathbb{N}}$ defined over $\mathbb{R}^{3}$ and so that

$$
\text { supp } \xi_{n} \subset B_{2 n} \backslash B_{n}, \quad n \in \mathbb{N}
$$

We multiply both sides of inequality (2.7) by $\xi_{n}$ to obtain the family of inequalities

$$
-\Delta u \xi_{n}+\left(u-3 u^{2}+2 u^{3}\right) \xi_{n} \geq\left(V-|u| \star|\cdot|^{-1}\right) \xi_{n}, \quad n \in \mathbb{N}
$$

On the other hand, we apply Hölder's inequality to estimate terms on the left-hand side of (2) in terms of $n$ as follows:

$$
\left|\int_{\mathbb{R}^{3}}(-\Delta u) \xi_{n} \mathrm{~d} x\right|=\left|\int_{B_{2 n}(0) \backslash B_{n}(0)}(-\Delta u) \xi_{n} \mathrm{~d} x\right|
$$

$$
\begin{aligned}
& =\left|\int_{B_{2 n}(0) \backslash B_{n}(0)} \nabla u \cdot \nabla \xi_{n} \mathrm{~d} x\right| \\
& \leq\|\nabla u\|_{\mathscr{L}^{2}\left(B_{2 n}(0) \backslash B_{n}(0)\right)}\left\|\nabla \xi_{n}\right\|_{\mathscr{L}^{2}\left(B_{2 n}(0) \backslash B_{n}(0)\right)} \\
& =\sqrt{n}\|\nabla u\|_{\mathscr{L}^{2}\left(B_{2 n}(0) \backslash B_{n}(0)\right)}\|\nabla \xi\|_{\mathscr{L}^{2}\left(B_{2 n}(0) \backslash B_{n}(0)\right)} \\
& =\epsilon_{n}^{1} \sqrt{n},
\end{aligned}
$$

with $\epsilon_{n}^{1} \xrightarrow[n \rightarrow \infty]{\longrightarrow} 0$,

$$
\begin{aligned}
\left|\int_{\mathbb{R}^{3}} u^{r} \xi_{n} \mathrm{~d} x\right| & =\left|\int_{B_{2 n}(0) \backslash B_{n}(0)} u^{r} \xi_{n} \mathrm{~d} x\right| \\
& \leq \int_{B_{2 n}(0) \backslash B_{n}(0)}|u|^{r} \mathrm{~d} x \\
& \leq\left\|u^{r}\right\|_{\mathscr{L}^{2}\left(B_{2 n}(0) \backslash B_{n}(0)\right)}\|1\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)\left(B_{2 n}(0) \backslash B_{n}(0)\right)} \\
& =\epsilon_{n}^{2} n^{\frac{3}{2}}, \quad r=1,2,3,
\end{aligned}
$$

with $\epsilon_{n}^{2} \xrightarrow[n \rightarrow \infty]{ } 0$.
As for the right-hand side of equation (2), we note that

$$
\begin{aligned}
\int_{\mathbb{R}^{3}}\left(V-|u| \star|\cdot|^{-1}\right) \xi_{n} \mathrm{~d} x & =\int_{\mathbb{R}^{3}}\left(\bar{V}-\overline{|u| \star|\cdot|^{-1}}\right) \xi_{n} \mathrm{~d} x \\
& =\int_{\mathbb{R}^{3}}\left(\frac{\mathscr{Z}}{|x|}-\overline{|u| \star|\cdot|^{-1}}\right) \xi_{n}(x) \mathrm{d} x
\end{aligned}
$$

where the line over functions corresponds to their spherical average. Moreover, by equation (35) in [21], we have that

$$
\overline{|u|} \star|\cdot|^{-1}(x) \leq \frac{M}{|x|}, \quad|x|>0 .
$$

As a result, the following holds for $n$ sufficiently large

$$
(\mathscr{Z}-M) \int_{\mathbb{R}^{3}} \frac{\xi_{n}(x)}{|x|} \mathrm{d} x \leq \int_{\mathbb{R}^{3}}\left(V-|u| \star|\cdot|^{-1}\right) \xi_{n} \mathrm{~d} x .
$$

Besides, we can compute for each $n \in \mathbb{N}$

$$
\int_{\mathbb{R}^{3}} \frac{\xi_{n}(x)}{|x|} \mathrm{d} x=n^{-1} \int_{\mathbb{R}^{3}} \frac{\xi\left(n^{-1} x\right)}{\left|n^{-1} x\right|} \mathrm{d} x=n^{2} \int_{\mathbb{R}^{3}} \frac{\xi(x)}{|x|} \mathrm{d} x .
$$

Consequently, (2) holds only if $M \geq \mathscr{Z}$. This concludes the proof.
Next, we relate the $\mathscr{L}^{2}$ and the $\mathscr{L}^{1}$-norms of a minimizer. We will need the following estimates as part of the proof of part (b) of Theorem 1.1.

Lemma 2.8. Assume there exists a minimizer $u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$ with $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M$. Then it holds

$$
\begin{aligned}
\|u\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)} & \leq 2(\mathscr{Z}+2) M+8 \pi \mathscr{Z}^{2} \\
\mathscr{D}(u) & \leq 2(\mathscr{Z}+1) M+8 \pi \mathscr{Z}^{2} .
\end{aligned}
$$

Proof. Note that

$$
\begin{aligned}
\int_{\mathbb{R}^{3}} u^{2} \mathrm{~d} x & =\int_{\mathbb{R}^{3} \cap\{u \geq 2\}} u^{2} \mathrm{~d} x+\int_{\mathbb{R}^{3} \cap\{u<2\}} u^{2} \mathrm{~d} x \\
& \leq \int_{\mathbb{R}^{3} \cap\{u \geq 2\}} u^{2}(u-1)^{2} \mathrm{~d} x+2 \int_{\mathbb{R}^{3} \cap\{u<2\}} u \mathrm{~d} x \\
& \leq \int_{\mathbb{R}^{3}} u^{2}(u-1)^{2} \mathrm{~d} x+2 M .
\end{aligned}
$$

Since clearly

$$
\begin{aligned}
\int_{\mathbb{R}^{3}} u^{2}(u-1)^{2} \mathrm{~d} x+\mathscr{D}(u) & \leq \underbrace{\mathscr{E}_{\mathscr{Z}}(u)}_{\leq 0}+\mathscr{Z} \int_{B_{1}} \frac{u}{|x|} \mathrm{d} x+\mathscr{Z} \underbrace{\int_{\mathbb{R}^{3} \backslash B_{1}} \frac{u}{|x|} \mathrm{d} x}_{\leq M} \\
& \leq \mathscr{Z} M+\mathscr{Z} \int_{B_{1}} \frac{u^{2}}{2 \mathscr{Z}}+\frac{\mathscr{Z}}{|x|^{2}} \mathrm{~d} x \\
& =\mathscr{Z} M+\frac{\|u\|_{\mathscr{L}^{2}\left(B_{1}\right)}^{2}+\mathscr{Z}^{2} \int_{B_{1}} \frac{1}{|x|^{2}} \mathrm{~d} x}{} \\
& \leq \mathscr{Z} M+\frac{\|u\|_{\mathscr{L}^{2}\left(B_{1}\right)}^{2}+4 \pi \mathscr{Z}^{2}}{2} \\
& \leq \mathscr{Z} M+\frac{\|u\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}^{2}+4 \pi \mathscr{Z}^{2},}{2},
\end{aligned}
$$

which, plugged into (2), gives

$$
\int_{\mathbb{R}^{3}} u^{2} \mathrm{~d} x \leq \int_{\mathbb{R}^{3}} u^{2}(u-1)^{2} \mathrm{~d} x+2 M \leq(\mathscr{Z}+2) M+\frac{\|u\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}^{2}}{2}+4 \pi \mathscr{Z}^{2}
$$

so that

$$
\|u\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}^{2} \leq 2(\mathscr{Z}+2) M+8 \pi \mathscr{Z}^{2},
$$

hence (2.8) is proven. Combining (2) and (2.8) gives (2.8), concluding the proof.
Lemma 2.9. (Improved version of the previous Lemma) Assume there exists a minimizer $u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$ with $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M$. Then it holds

$$
\begin{aligned}
\|u\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}^{2} & \leq C\left(\mathscr{Z}^{2}+\mathscr{Z}^{6}\right), \\
\mathscr{D}(u) & \leq C \mathscr{Z}^{2} .
\end{aligned}
$$

Proof. These are an immediate consequence of the nonpositivity of $\mathscr{I}_{\mathscr{Z}}(M)=\mathscr{E}_{\mathscr{Z}}(u)$, and equations (2.3) and (2.3).

We finalize this section by establishing estimates that play a central role in the proof of part (b) of Theorem 1.1. The main idea is to use use localization functions to extract information on how the mass of minimizers is distributed in $\mathbb{R}^{3}$.

We will use a suitably modified version of Lemmas 3.1 and 3.2 from [13].
Lemma 2.10. (Analogue of [13, Lemma 3.1]) For all smooth partitions of unity $f_{i}: \mathbb{R}^{3} \longrightarrow$ $[0,1], i=1, \cdots, n$, such that $\sum_{i=1}^{n} f_{i}^{2}=1, \nabla f_{i} \in \mathscr{L}^{\infty}\left(\mathbb{R}^{3}\right)$, and for all $u: \mathbb{R}^{3} \longrightarrow[0,+\infty]$ such that $u \in H^{1}\left(\mathbb{R}^{3}\right)$, it holds

$$
\begin{aligned}
\sum_{i=1}^{n} \mathscr{E}_{\mathscr{Z}}\left(f_{i}^{2} u\right)-\mathscr{E}_{\mathscr{Z}}(u) \leq & \sum_{i=1}^{n} \mathscr{D}\left(f_{i}^{2} u\right)-\mathscr{D}(u) \\
& +\left[\sum_{i=1}^{n}\left\|\nabla f_{i}\right\|_{\mathscr{L} \infty\left(\mathbb{R}^{3}\right)}^{2}\right] \int_{A} u^{2} \mathrm{~d} x+\min \left\{4 \int_{A} u^{2} \mathrm{~d} x, 8 \int_{A} u \mathrm{~d} x\right\}
\end{aligned}
$$

where $A:=\bigcup_{i=1}^{n}\left\{0<f_{i}<1\right\}$.
Proof. The Coulomb repulsion part is exactly the same as in [13, Lemma 3.1].
Gradient term. Again, as done in [13, Lemma 3.1], we apply the IMS formula

$$
\begin{aligned}
\sum_{i=1}^{n} \int_{\mathbb{R}^{3}}\left|\nabla\left(f_{i}^{2} \sqrt{\rho}\right)\right|^{2} \mathrm{~d} x-\int_{\mathbb{R}^{3}}|\nabla \sqrt{\rho}|^{2} \mathrm{~d} x & =\int_{\mathbb{R}^{3}}\left(\sum_{i=1}^{n}\left|\nabla f_{i}\right|^{2}\right) \rho \mathrm{d} x \\
& \leq\left(\sum_{i=1}^{n}\left\|\nabla f_{i}\right\|_{\mathscr{L} \infty\left(\mathbb{R}^{3}\right)}^{2}\right) \int_{A} \rho \mathrm{~d} x
\end{aligned}
$$

with $\rho=u^{2}$, hence

$$
\sum_{i=1}^{n} \int_{\mathbb{R}^{3}}\left|\nabla\left(f_{i}^{2} u\right)\right|^{2} \mathrm{~d} x-\int_{\mathbb{R}^{3}}|\nabla u|^{2} \mathrm{~d} x \leq\left(\sum_{i=1}^{n}\left\|\nabla f_{i}\right\|_{\mathscr{L} \infty\left(\mathbb{R}^{3}\right)}^{2}\right) \int_{A} u^{2} \mathrm{~d} x
$$

Double well term. Direct computations give

$$
\begin{aligned}
\sum_{i=1}^{n} & \int_{\mathbb{R}^{3}} f_{i}^{4} u^{2}\left(1-f_{i}^{2} u\right)^{2} \mathrm{~d} x-\int_{\mathbb{R}^{3}} u^{2}(1-u)^{2} \mathrm{~d} x \\
& =\int_{\mathbb{R}^{3}} \sum_{i=1}^{n}\left(\left(f_{i}^{2} u\right)^{4}-2\left(f_{i}^{2} u\right)^{2}+\left(f_{i}^{2} u\right)^{2}\right) \mathrm{d} x-\int_{\mathbb{R}^{3}}\left(u^{4}-2 u^{3}+u^{2}\right) \mathrm{d} x \\
& =\int_{A}\left[\sum_{i=1}^{n}\left(\left(f_{i}^{2} u\right)^{4}-2\left(f_{i}^{2} u\right)^{2}+\left(f_{i}^{2} u\right)^{2}\right)-\left(u^{4}-2 u^{3}+u^{2}\right)\right] \mathrm{d} x
\end{aligned}
$$

since outside of $A$ we have $f_{i}=0$ for all but one index (that we call $j$ ), and condition $\sum_{i=1}^{n} f_{i}^{2}=1$ forces $f_{j}=1$. The above inequality then continues as

$$
\begin{aligned}
\int_{A} & {\left[\sum_{i=1}^{n}\left(\left(f_{i}^{2} u\right)^{4}-2\left(f_{i}^{2} u\right)^{2}+\left(f_{i}^{2} u\right)^{2}\right)-\left(u^{4}-2 u^{3}+u^{2}\right)\right] \mathrm{d} x } \\
& =\int_{A}[u^{4}\left(\sum_{i=1}^{n} f_{i}^{8}-1\right)-2 u^{3}\left(\sum_{i=1}^{n} f_{i}^{6}-1\right)+u^{2}(\underbrace{\sum_{i=1}^{n} f_{i}^{4}-1}_{<0})] \mathrm{d} x \\
& \leq \int_{A}\left[2 u^{3}\left(1-\sum_{i=1}^{n} f_{i}^{6}\right)-u^{4}\left(1-\sum_{i=1}^{n} f_{i}^{8}\right)\right] \mathrm{d} x \\
& \leq \int_{A}\left(2 u^{3}-u^{4}\right)\left(1-\sum_{i=1}^{n} f_{i}^{6}\right) \mathrm{d} x \\
& \leq \int_{A \cap\{u \leq 2\}} 2 u^{3} \mathrm{~d} x \\
& \leq \min \left\{4 \int_{A \cap\{u \leq 2\}} u^{2} \mathrm{~d} x, 8 \int_{A \cap\{u \leq 2\}} u \mathrm{~d} x\right\} \\
& \leq \min \left\{4 \int_{A} u^{2} \mathrm{~d} x, 8 \int_{A} u \mathrm{~d} x\right\}
\end{aligned}
$$

and the proof is complete.
Lemma 2.11. (Analogue of [13, Equation (22)]) Assume there exists a minimizer $u \in$ $\hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$ with $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M$. For all $r, s>0,0<\lambda \leq 1 / 2$, we have

$$
\begin{aligned}
\frac{1}{8}\left(\int_{\mathbb{R}^{3}} \chi_{(1+\lambda) r}^{+} u \mathrm{~d} x\right)^{2} \leq & 2 s \mathscr{D}\left(\chi_{(1+\lambda) r}^{+} u\right)+\frac{C}{\lambda^{2} s^{2}} \int_{\mathbb{R}^{3}} \chi_{r}^{+} u^{2} \mathrm{~d} x \\
& +\left(8+\frac{1}{4}\left[\sup _{|z| \geq r}|z| \Phi_{r}(z)\right]\right) \int_{\mathbb{R}^{3}} \chi_{r}^{+} u \mathrm{~d} x
\end{aligned}
$$

where $\chi_{r}^{+}:=\mathbb{1}_{|x| \geq r}$, and

$$
\Phi_{r}(x):=\frac{\mathscr{Z}}{|x|}-\int_{B_{r}} \frac{u(y)}{|x-y|} \mathrm{d} y .
$$

Proof. Assume there exists a minimizer $u \in \hat{\mathscr{H}}^{1}\left(\mathbb{R}^{3}\right)$. As done in [13, Lemma 3.2], for parameters $s, \ell, \lambda>0$, choose partitions of unity $\chi_{i}, i=1,2$, such that $\chi_{1}^{2}+\chi_{2}^{2}=1$, and

$$
\chi_{i}(x):=g_{i}\left(\frac{\nu \cdot \theta(x)-\ell}{s}\right), \quad i=1,2,
$$

where $\nu$ denotes the exterior unit normal to the ball $\{|x| \leq r\}, g_{i}: \mathbb{R} \longrightarrow \mathbb{R}, i=1,2$, are smooth functions such that

$$
g_{1}^{2}+g_{2}^{2}=1, \quad\left|g_{1}^{\prime}\right|^{2}+\left|g_{2}^{\prime}\right|^{2} \leq C, \quad g_{1}(t)=1 \text { if } t \leq 0, \quad g_{1}(t)=0 \text { if } t \geq 1,
$$

$s, \ell$ are parameters to be chosen later, and $\theta: \mathbb{R}^{3} \longrightarrow \mathbb{R}^{3}$ is a radial function satisfying

$$
|\theta(x)| \leq|x|, \quad \theta(x)=0 \text { if }|x| \leq r, \quad \theta(x)=x \text { if }|x| \geq(1+\lambda) r, \quad|\nabla \theta| \leq \frac{C}{\lambda}
$$

Consequently,

$$
\chi_{1}(x)=1 \text { if } \nu \cdot \theta(x) \leq \ell, \quad \chi_{1}(x)=0 \text { if } \nu \cdot \theta(x) \geq \ell+s .
$$

By Lemma 2.10, using the minimality of $u$ we have

$$
\begin{aligned}
0 & \leq \mathscr{E}_{\mathscr{Z}}\left(\chi_{1}^{2} u\right)+\mathscr{E}_{\mathscr{Z}=0}\left(\chi_{2}^{2} u\right)-\mathscr{E}_{\mathscr{Z}}(u) \\
\leq & \mathscr{Z} \\
& \int_{\mathbb{R}^{3}} \frac{\chi_{2}^{2} u}{|x|} \mathrm{d} x+\mathscr{D}\left(\chi_{1}^{2} u\right)+\mathscr{D}\left(\chi_{2}^{2} u\right)-\mathscr{D}(u) \\
& +\frac{C}{\lambda^{2} s^{2}} \int_{\nu \cdot \theta(x)-s \leq \ell \leq \nu \cdot \theta(x)} u^{2} \mathrm{~d} x+8 \int_{\nu \cdot \theta(x)-s \leq \ell \leq \nu \cdot \theta(x)} u \mathrm{~d} x .
\end{aligned}
$$

The attraction and Coulomb repulsion terms are estimated exactly as in [13, Lemma 3.2], hence (2) gives

$$
\begin{aligned}
& \iint_{\substack{|x|,|y| \geq(1+\lambda) r \\
\nu \cdot y \leq \ell \leq \nu \cdot x-s}} \frac{u(x) u(y)}{|x-y|} \mathrm{d} x \mathrm{~d} y \\
& \quad \leq \int_{\ell \leq x \cdot \theta(x)} u(x)\left[\Phi_{r}(x)\right]_{+} \mathrm{d} x+\frac{C}{\lambda^{2} s^{2}} \int_{\nu \cdot \theta(x)-s \leq \ell \leq \nu \cdot \theta(x)} u^{2} \mathrm{~d} x+8 \int_{\nu \cdot \theta(x)-s \leq \ell \leq \nu \cdot \theta(x)} u \mathrm{~d} x,
\end{aligned}
$$

where $[\cdot]_{+}$denotes the positive part. By arguing like in [13, Lemma 3.2], we can get

$$
\begin{aligned}
\frac{1}{8}\left(\int_{\mathbb{R}^{3}} \chi_{(1+\lambda) r}^{+} u \mathrm{~d} x\right)^{2} \leq & 2 s \mathscr{D}\left(\chi_{(1+\lambda) r}^{+} u\right)+\frac{C}{\lambda^{2} s^{2}} \int_{\mathbb{R}^{3}} \chi_{r}^{+} u^{2} \mathrm{~d} x \\
& +\left(8+\frac{1}{4}\left[\sup _{|z| \geq r}|z| \Phi_{r}(z)\right]\right) \int_{\mathbb{R}^{3}} \chi_{r}^{+} u \mathrm{~d} x,
\end{aligned}
$$

which is the analogue of $[13$, Equation (22)], and the proof is complete.
The key difference between our Lemma 2.11 and [13, Lemma 3.2] is that we have

$$
\int_{\mathbb{R}^{3}} \chi_{r}^{+} u^{2} \mathrm{~d} x
$$

in the upper bound on the right hand side of (2.11), instead of

$$
\int_{\mathbb{R}^{3}} \chi_{r}^{+} u \mathrm{~d} x
$$

as in [13, Equation (22)]. Therefore, we cannot apply the arguments from [13, Lemma 3.3], since

$$
\lim _{r \rightarrow 0} \int_{\mathbb{R}^{3}} \chi_{r}^{+} u^{2} \mathrm{~d} x=\|u\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}^{2}
$$

might be different from

$$
\lim _{r \rightarrow 0} \int_{\mathbb{R}^{3}} \chi_{r}^{+} u \mathrm{~d} x=\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M .
$$

We use Lemma 2.9 to relate $\|u\|_{\mathscr{L}^{2}\left(\mathbb{R}^{3}\right)}^{2}$ and $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M$.

## 3 Proof of part (a) of Theorem 1.1

Proof of part (a) of Theorem 1.1. By part Lemma 2.6, there exists $0<m \leq M \leq \mathscr{Z}$ such that $\mathscr{I}_{\mathscr{Z}}(M)=\mathscr{I}_{\mathscr{Z}}(m)$ and $\mathscr{I}_{\mathscr{Z}}(m)$ is attained, say at $u$ with $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=m>0$. If $m<M$, then $\mathscr{I}_{\mathscr{Z}}(M)=\mathscr{I}_{\mathscr{Z}}(\alpha)$ for $m \leq \alpha \leq M$ by the nonincreasingness of $\mathscr{I}_{\mathscr{Z}}$. Then $u$ satisfies the hypothesis of Proposition 2.7, so that $m \geq \mathscr{Z}$. However, this contradicts $m<M \leq \mathscr{Z}$. Therefore, $m=M$ and $\mathscr{I}_{\mathscr{Z}}(M)$ is attained.

## 4 Proof of part (b) of Theorem 1.1

Proof of part (b) of Theorem 1.1 using Lemma 2.8. Assume there exists a minimizer $u \in$ $H^{1}\left(\mathbb{R}^{3}\right)$ with $\|u\|_{\mathscr{L}^{1}\left(\mathbb{R}^{3}\right)}=M$. Taking the limit $r \rightarrow 0^{+}$in (2.11) and applying (2.8) and (2.8) gives

$$
\begin{aligned}
\frac{1}{8} M^{2} & \leq 2 s \mathscr{D}(u)+\frac{C}{\lambda^{2} s^{2}} \int_{\mathbb{R}^{3}} u^{2} \mathrm{~d} x+\left(8+\frac{1}{4}\left[\sup _{|z| \geq 0}|z| \Phi_{r}(z)\right]\right) M \\
& \leq 2\left[2(\mathscr{Z}+1) M+8 \pi \mathscr{Z}^{2}\right] s+\frac{C\left[2(\mathscr{Z}+2) M+8 \pi \mathscr{Z}^{2}\right]}{\lambda^{2} s^{2}}+\left(8+\frac{\mathscr{Z}}{4}\right) M,
\end{aligned}
$$

which must hold for all $\lambda \in(0,1 / 2]$, and $s>0$. We can choose $\lambda=1 / 2$ and optimize over $s>0$, and note that the left hand side $M^{2} / 8$ grows like $O\left(M^{2}\right)$, while the upper bound in the right hand side of (4) grows like $O(M)$. Thus (4) can hold only for $M$ not too large, and the proof is complete.

Proof of part (b) of Theorem 1.1 using Lemma 2.9). The only difference is that (4) is replaced by

$$
\begin{aligned}
& \frac{1}{8} M^{2} \leq+\frac{C}{\lambda^{2} s^{2}} \int_{\mathbb{R}^{3}} u^{2} \mathrm{~d} x+\left(8+\frac{1}{4}\left[\sup _{|z| \geq 0}|z| \Phi_{r}(z)\right]\right) M \\
& \stackrel{(2.9),(2.9)}{\leq} 2 C s \mathscr{Z}^{2}+\frac{C\left(\mathscr{Z}^{2}+\mathscr{Z}^{6}\right)}{\lambda^{2} s^{2}}+\left(8+\frac{\mathscr{Z}}{4}\right) M,
\end{aligned}
$$

and again the left hand side term grows like $O\left(M^{2}\right)$, while the upper bound in the right hand side of (4) grows like $O(M)$. Thus (4) can hold only for $M$ not too large, and the proof is complete.

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